

# Emergency First Aid at Work

This course is appropriate for the smaller workplace that present fewer health & safety risks, this course is designed to help you meet your regulatory requirements if your risk assessment indicates that first aid training covering emergency protocols only, is sufficient for your workplace. It also offers an extra to support those with the First Aid at Work qualification. The course is designed to train employees in Basic First Aid skills

#### Who Should Attend

Any member of staff who could possibly be the first on the scene of an accident.

## What Will They Learn

Basic lifesaving First Aid skills and information on relevant regulations.

#### Course Content

Insight into Health & Safety (first aid) regulations
What should be in a First Aid Kit
Dealing with an accident
Treatment of an unconscious casualty
Control of bleeding
And up to 5 workplace subjects.

How to report an accident Resuscitation
Shock

## Course Duration

1 day

### Contact us:

admin@essentialfirstaid.co.uk

#### Course Cost

£55 per person +vat £550 per course of up to 12 people

